

Walk the Walk

Between March 18th and March 29th I will be walking the “Camino” or “Way of St James” the medieval pilgrim’s route to **Santiago de Compostela**, in Galicia, North West Spain.

I along with two of my oldest friends, Brian Convey formerly of Leadgate and now resident in Penrith and Michael McCarthy formerly of Lanchester, now of Coventry, will walk the 140 miles between Portugal and Spain which constitutes the “Portuguese Way”. Along the route we will be celebrating our joint sixtieth birthdays, giving thanks for our current good health and good fortune, and wondering whether we will be able to endure ten days close proximity without seriously injuring each other. For this hazardous adventure, I am seeking sponsorship for either of my two designated charities, namely MacMillan Cancer Relief and CAFOD, Catholic Aid for Overseas Development.

Giving can be quite anonymous and painless. Just go online and **google just giving** or go to the sponsor a friend box and type in my name, press search and you will then have the option to donate to either of my 2 designated charities. The website is easy to follow and will be updated with photos as we progress. There are two pages designed to give to whichever charity you prefer, choose either the Macmillan page or the CAFOD page. You can donate any sum (all will be welcome) or you can donate by making a cash donation by signing a sponsorship form at All Saints RC Church, the GALLERY Coffee Shop or Lanchester Post Office. All monies donated will go in their entirety to either the charity in question.

As proof of completion we will have a “Pilgrim’s Passport” which is signed and authenticated upon completion.

I realise money is tight during our current recession but any donation, however small will be gratefully received, thanks Martin Matthews.

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